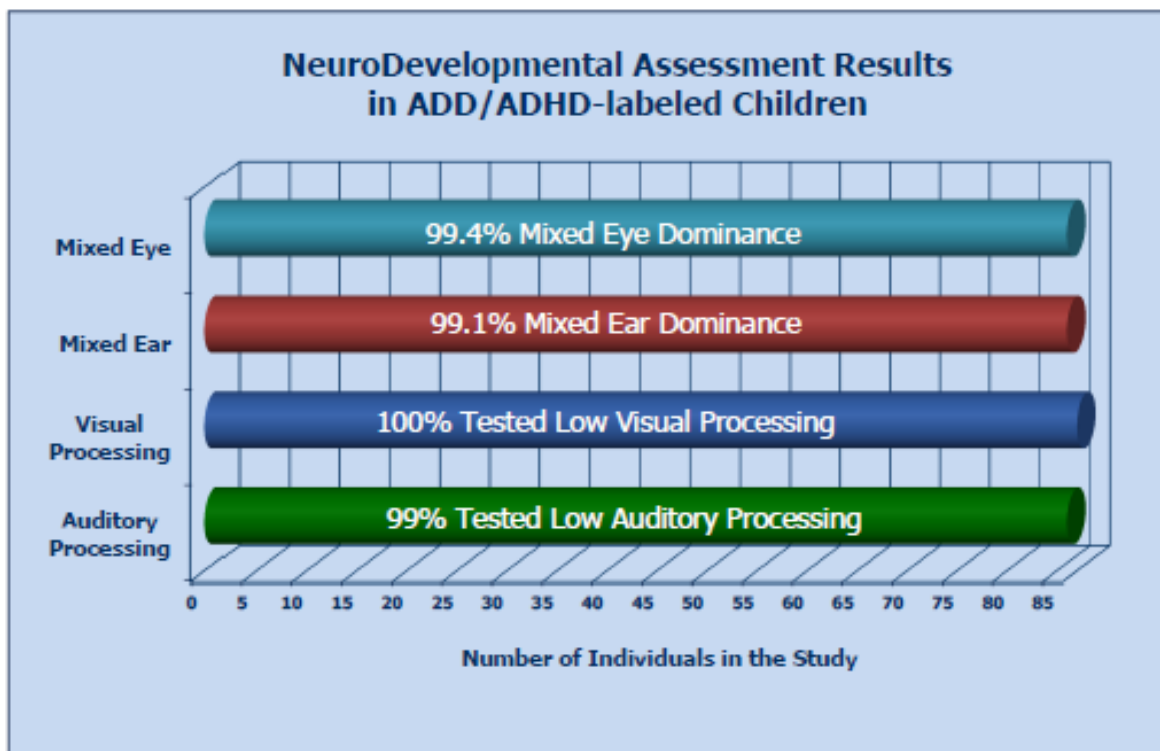


# ADD/ADHD SYMPTOMS

ANY SIX OBSERVED FOR 6 OR MORE MONTHS = A LABEL

- ✓ Fidgets with hands or feet or squirms in seat.
- ✓ Has difficulty sustaining attention in tasks or play activities.
- ✓ Fails to give close attention to details or makes careless mistakes in school work.
- ✓ Leaves seat in classroom or other situations in which remaining seated is expected.
- ✓ Has difficulty organizing tasks and activities.
- ✓ Is "on the go" or acts as if "driven by a motor."
- ✓ Avoids tasks (e.g., schoolwork, homework) that require sustained mental effort.
- ✓ Talks excessively.
- ✓ Loses things that are necessary for tasks or activities.
- ✓ Has difficulty awaiting turn.
- ✓ Is forgetful in daily activities.
- ✓ Interrupts or intrudes on others.

This graph shows individuals coming to Little Giant Steps with an ADD or ADHD label and a few of the many causes for the symptoms associated with this label. The good news is that these root causes can change with the right stimulation to the brain.



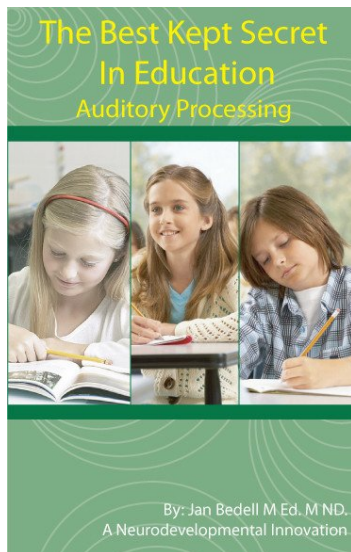
See [Little Giant Steps Services](#) for NeuroDevelopmental Brain Training Programs providing a drug-free solution for ADD & ADHD.

# Help for Auditory Short Term Memory

Test Kit



Digit Span Cards



ACWS

