

Overcoming the Fear of Not Being Good Enough

With Brook Wayne, familyrenewal.org

Mommy Jammies Night

“Everyone thinks it goes _____ in everyone else’s house, and _____ . I’ll let you in on a secret about teaching: there is _____ that it rolls along smoothly without problems. Only in _____ can that happen.” – Ruth Beechick

When you feel like a failure ... It is not a sign to: _____.

It is a sign to: _____.

Do you feel stretched like elastic? God allows stretching seasons in your life to:

_____.

What can we do when we just don’t feel adequate?

Academically:

Emotionally:

Practically:

Spiritually:

Check out these resources!

Full-Time Parenting, by Israel Wayne - <http://www.familyrenewal.org/shop/full-time-parenting/>

Women & Stress - <http://www.familyrenewal.org/shop/women-and-stress-practical-ways-to-manage-tension/>